Independent. My Life, My Home.



SPRING 2023

CELEBRATING 50 YEARS OF FEE-FREE, IN-HOME CARE

SEARCH AND CARE: IT'S OUR NEW OFFICE!



BRIDGING THE OLDER ADULT TECHNOLOGY GAP

S technology changes society, many older New Yorkers are at risk of being isolated from their communities. Search and Care is dedicated to addressing this challenge by utilizing technology to connect homebound seniors to resources they need. *Silver Circles*, our tech education program launched in 2016, is now a highly in demand and critical service. Our Computer Coaches help older people with telehealth apps; online bill-payment; re-connecting them with friends; teaching the use of voice activation for visually impaired clients; and so much more. Take Ms. F, who decided to

return to school. Our Computer Coaches enabled her to take on this academic challenge—helping her navigate tech systems needed to complete assignments. What's more, she's worked hard to handle technology independently. Jacob, our *Silver Circles* Coordinator, stated, "You can really feel how much of an effect the program is having on their lives."

WHAT OUR CLIENTS ARE SAYING

C lient feedback makes our work fulfilling—informing us what's going well, and how we can improve.

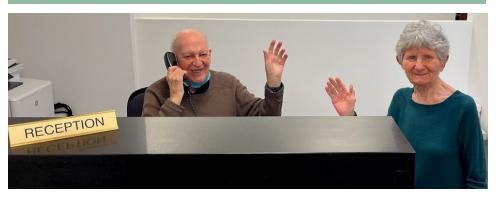
"Thanks for what you do. You're a 'voice of sanity' in a chaotic world."

"Your people are most helpful!"

"Thank you Robin, for all the caring that you have given my family, my cat Alley!! You have really been there for me through difficult times."

"I can't say enough positive things, with Tianna especially... the sincerity was such a positive transition."

JOHN, VOLUNTEER, AND VICKI, VOLUNTEER AND MONEY MATTERS FINANCIAL NAVIGATOR



"Dear Marcie, thank you for your patience, your knowledge, your comforting response to all my thoughts and worries."

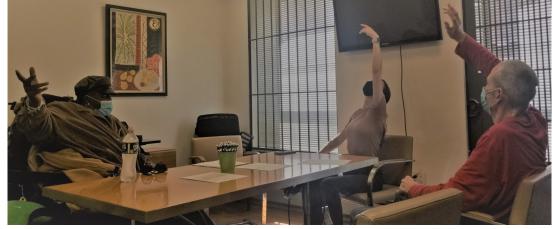
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"Search and Care going into action for me was so helpful, not just a financial end, but also in terms of peace of mind."



CHAIR YOGA: IN-PERSON GROUPS ARE RETURNING

ADDRESSING CHALLENGES OLDER PEOPLE FACE EVERYDAY

<u>Emotional Wellbeing</u>: Isolation can have devastating effects, on par with smoking 15 cigarettes a day (Harvard Medical School). We offer socialization *Groups* and *Talkin' it Out* counseling with licensed social workers.

<u>Access to Health Care</u>: <u>Medical Escorts</u> accompany older adults to appointments, and safely back home. <u>Silver</u> <u>Circles</u> helps with telehealth apps. Our <u>Nutritionist</u> offers dietary guidance.

<u>Cognitive Issues</u>: Our Stronger Memory program-participants do math, journaling, and have discussions—proven to stimulate parts of the brain affecting recall and cognition.

<u>Cost of Living</u>: Older New Yorkers face many financial challenges. *Money Matters* helps with organizing documents, budgeting, billpaying, etc. Our Emergency *Food Program* provides home-delivered groceries in times of duress.

Benefits and Entitlements: According the National Council of the Aging, "tens



MILLIE AND KAREN, S&C SOCIAL WORKERS, COLLABORATING!

of billions of dollars of benefits are going unused," (CNN, 2022). Benefits and entitlements make a huge difference in older adults' lives. Our Social Work and Care Management Team is diligent in securing Medicaid , SNAP, Meals on Wheels, etc., while addressing the full scope of a person's needs..

"Search and Care is far superior... Not like going through a governmental agency to get SNAP benefits where you can only apply at a certain time of year.

Please note Search and Care's new address below!