

September

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Tea and Creativity 1 - 2pm	2 Music and Melody with Chris 1 – 2pm	3	4
5		7	8 Tea and Creativity 1 - 2pm	9	10	11
12	13 Morning Meditation 11 – 12pm	14	15 Tea and Creativity 1 - 2pm	16	17 Back to Basics: Decluttering w/ Millie 1 – 2pm	18
19	20 Newsroom 1 - 2pm	21	22 Tea and Creativity 1 - 2pm	23 VocalEase 2 - 2:30pm	24 Tech Time 12 – 1pm	25
26	27 Morning Meditation 11 – 12pm	28 Advisory Committee 1 – 2pm	29 Tea and Creativity 1 - 2pm	30 Virtual Sentinel Meeting 2 – 3pm		

All groups are currently being held telephonically or virtually until further notice

For any interest regarding groups, please contact **Jacob** at: **(212) 289 – 5300**

- **Medical Rap with Esther and Joan RN** is currently on hiatus for September
 - **Reading Room** is currently on hiatus, next date is **TBD**

