

October



2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Decluttering Workshop 2-3PM	2
3	4	5	6 Reading Room 11am-12pm & Tea & Creativity 1-2PM	7	8 Music & Melody with Chris 1-2PM	9
10	11 	12 Morning Meditation 11am-12pm & Walking Group 12-1pm	13 Reading Room 11am-12pm & Tea & Creativity 1-2PM	14 Washington Mutual Budgeting & Debt Webinar 1pm via Zoom	15 Back to Basics Decluttering Workshop With Millie 2-3PM	16
17	18 Newsroom Group with Joseph 1-2PM	19	20 Reading Room 11am-12pm & Senior Fair by Liz Krueger 2-2:45pm	21 Vocal Ease 2pm	22 Medicare Rights Webinar With Tianna 1:30-2:30pm	23
24	25 Morning Meditation 11am-12pm & Advisory Committee 1-2pm	26	27 Reading Room 11am-12pm & Tea & Creativity 1-2PM	28 Medication Group with Dr. Luba 2-2:45pm	29 Tech Time 12-1pm & Decluttering Workshop 2-3pm	30
31 						

All groups are currently being held telephonically or virtually until further notice

For any interest regarding groups, please contact: Austin at 212-289-5300 extension 221

