

Our Groups

At Search and Care, we offer a variety of fun and unique group activities for social, cultural, and intellectual enrichment.

Lunch Bunch + Medical Rap

Tea & Creativity

Saturday PET Pro Workshops

Music & Melody with Chris

Tech Games Group

Morning Meditation with Joanne

Medication Education Group

Food for Thought Fridays

Search and Act (Advocacy)

Grupo de Apoyo con Priscila

Nutrition with Christen

Vocal Ease Teleconcerts (Bilingual)

Kindle Connection Group

Newsroom Group

Client Advisory Committee

Gardening and Planting at Home

and more ...

About Us

Search and Care strives to ensure that our older neighbors remain independent at home, whilst providing them with essential services and companionship they require to live with security and dignity in the manner they choose.

Contact Us:

212-289-5300

SandC@searchandcare.org

www.searchandcare.org



Interested in Joining?

We can help you join all of our free telephonic & virtual groups!

Search and Care
No one should fall through the cracks

1844 Second Avenue
New York, NY 10128



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GROUPS



Here are some of our Telephonic and Virtual Groups:



Saturday PET Pro Workshops

Our monthly Saturday morning workshops bring senior pet owners together with experts, such as ASPCA vets, behaviorists, groomers, trainers and more

Tea & Creativity

Join our Wednesday Tea & Creativity group, for enlightening conversations about art and creative expression, virtually and telephonically with our art teacher, Nancy DeBono

Tech Games Group

On Fridays, digitally connect and challenge your brain with fun computer games with our Connectivity Coordinator, Michelle

Lunch Bunch + Medical Rap

Every Tuesday, discuss medical topics of importance as we age with our R.N., Joan and our seasoned Care Manager, Esther

Morning Meditation with Joanne

Start your week on a positive note with a guided meditation class led by Joanne, our certified yoga instructor. You will practice breathing exercises with gentle movement to incorporate in your daily routine

Medication Education Group

About a once a month, we invite guest experts in geriatric healthcare to answer questions on medication safety, commonly prescribed medications, flu season readiness, vitamins and supplements, and more!

Nutrition with Christen

Christen, our community nutritionist, offers guidance and fun discussions on healthy, budget-friendly, easy-to-prepare recipes that can keep you on the right track especially during a pandemic

Grupo de Apoyo con Priscila

Facilitated weekly by Priscila, LMSW, our telephonic, peer-led support group for Spanish-speaking women offers a safe space to speak openly on shared life experiences and challenges in their daily lives

Music & Melody with Chris

Join Chris Ramos, LMSW, who sings and plays the guitar! Tune in over the phone to listen to some live music from the comfort of your own home

Newsroom Group

Search and Act (Advocacy)

In this group, led by Joseph, LMSW, discuss current local and global news. Additionally, learn how to use your voice to exercise your civic rights and responsibilities

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Contact us if you have any questions on any of our groups or if you would like to receive monthly calendars

Group activities may vary monthly (and seasonally) and are subject to change, especially in response to public emergencies.

For safety precautions, our groups are currently being held telephonically and virtually.

Disclaimer: We do not offer medical or mental health advice - we always recommend speaking to your physician(s) and medical providers for all healthcare needs.